



# Weekly Menu

## Meadowbrook Place



	Sun 09-15-2024	Mon 09-16-2024	Tue 09-17-2024	Wed 09-18-2024	Thu 09-19-2024	Fri 09-20-2024	Sat 09-21-2024
<b>BREAKFAST</b>	Cream of Wheat Basic Muffin Egg of Choice Yogurt Fresh Fruit 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Bacon 100% Juice Whole Grain Toast	Cream of Wheat French Toast Egg of Choice 100% Juice Whole Grain Toast	Creamy Oatmeal Egg of Choice Hash Brown Patty Peaches 100% Juice Whole Grain Toast	Cream of Wheat Egg of Choice Sausage Link 100% Juice Whole Grain Toast	Creamy Oatmeal Bagel and Cream Cheese Egg of Choice Fresh Fruit 100% Juice Whole Grain Toast	Cream of Wheat Egg and Cheese Biscuit Egg of Choice 100% Juice Whole Grain Toast
<b>LUNCH</b>	Pickled Beets Roasted Pork with Apples <i>or</i> Pot Roast with Gravy Fresh Cooked Yams Capri Blend Fresh Cornbread Fruit Cobbler	Cucumber Onion Salad Meatloaf <i>or</i> Slow Roasted Turkey Classic Mashed Potatoes Peas and Onions Baked Roll Bread Pudding with Vanilla Sauce	Three Bean Salad Chicken with Mushroom Gravy <i>or</i> Grilled Kielbasa with Summer Squash Penne Pasta Roasted Carrots Baked Roll Ice Cream	Green Salad Oven Fried Cod <i>or</i> BBQ Glazed Meatballs Parsley Seasoned Potatoes Spinach Whole Grain Bread Baked Cinnamon Apples	Classic Macaroni Salad Spaghetti and Meat Sauce <i>or</i> Honey Glazed Roasted Turkey Stuffing Parmesan Green Beans Garlic Bread Orange Sherbet Dish	Cottage Cheese and Peaches Sauteed Chicken Breast <i>or</i> Maryland Crab Cake Rice Pilaf Herb Roasted Vegetables Whole Grain Bread Cherry Pie	Green Salad Baby Back Pork Ribs <i>or</i> Chicken and Broccoli Casserole Southern Baked Beans Corn Baked Roll Chocolate Mousse
<b>DINNER</b>	Soup Du Jour Chicken Enchiladas Cottage Cheese Light Summer Salad Vanilla Pudding	Soup Du Jour Baked Macaroni and Cheese Seasoned Broccoli Breadsticks Fresh Fruit Cup	Soup Du Jour American Hamburger Potato Salad Watermelon Heirloom Tomatoes Soft Chocolate Chip Cookie	Soup Du Jour Chicken Chef Salad Garlic Texas Toast Chocolate Cake	Soup Du Jour Chicken Salad on Croissant Romaine Orange Salad Chocolate Ice Cream	New England Clam Chowder Alaskan Fish and Chips Coleslaw Cookie	Soup Du Jour Taco Salad Fresh Tomato Salsa Corn Chips Honeydew Peach Jello Salad
Milk offered at every meal							Week 3

Dietitian's Signature: *Diem Jagn 610128*  
4-29-2024

*We apologize if circumstance require a last minute change to our menu*