



Weekly Menu
HEATHERWOOD COMMUNITY



	Sun 06-22-2025	Mon 06-23-2025	Tue 06-24-2025	Wed 06-25-2025	Thu 06-26-2025	Fri 06-27-2025	Sat 06-28-2025
B R E A K F A S T	Assorted Donuts Egg of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads	Buttermilk Pancakes Eggs of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads	English Muffin Breakfast Sandwich Egg of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads	Cinnamon French Toast Egg of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads	Bacon and Egg Croissant Egg of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads	Waffles Egg of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads	Cheese Blintz Egg of Choice Home Fried Potatoes Bacon Sausage Link Fresh Fruit 100% Juice Assorted Breads
L U N C H	Beef Barley Soup Broccoli Ham Quiche Chef's Choice Omelet Onion Roasted Potatoes Fresh Fruit Chef's Steamed Vegetable Baked Roll Assorted Cookies	Chicken Egg Noodle Soup Reuben Sandwich Apple Cranberry Walnut Salad Fudge Brownie	Homestyle Vegetable Soup Soft Fish Taco Spanish Rice Black Bean Corn Salad Assorted Cookies	Manhattan Clam Chowder Asian Orange Chicken Fresh Fruit Cup Celery Sticks Fudge Brownie	Cabbage Soup French Dip Sandwich Homestyle Potato Chips Cucumber Tomato Salad Assorted Cookies	Sausage and White Bean Soup BLT Turkey Salad Assorted Fruit Breadsticks Fudge Brownie	Vegetable Rice Soup BBQ Pulled Pork on a Bun Pickled Beets and Onions Assorted Cookies
D I N N E R	Pickled Beets and Onions Herb Roasted Chicken Fried Catfish Fresh Cooked Yams Peas and Carrots Dinner Roll Assorted Desserts	Pickled Beets and Onions Country Fried Steak with Gravy Baked Lemon Pepper Fish Classic Mashed Potatoes Green Beans Dinner Roll Chocolate Cake	Pickled Beets and Onions Seasoned BBQ Pork Ribs Charr Grilled Swordfish Confetti Rice Pilaf Braised Red Cabbage Cherry Pie	Pickled Beets and Onions Tilapia with Savory Herb Butter Lamb Chops Roasted Red Potatoes Baby Carrots Dinner Roll Assorted Desserts	Pickled Beets and Onions Honey Mustard Ribs BBQ Beef Brisket Baked Beans Peas and Carrots Dinner Roll Carrot Cake	Pickled Beets and Onions Greek Lemon Chicken Mediterranean Shrimp Herb Couscous Fresh Asparagus Dinner Roll Banana Bread	Pickled Beets and Onions Hearty Beef Stew Parmesan Crusted Cod Mashed Potatoes and Gravy Steamed Broccoli Dinner Roll Dutch Apple Pie
	Milk offered at every meal						Week 1

Dietitian's Signature: *Quinn Jagan* 4-21-2025
6/10/26

We apologize if circumstance require a last minute change to our menu