



Sage Desert Senior Living

30	31	Sep 1	2	3	4	5
		Black Bean Corn Salad Braised Beef Tips <i>or</i> Seasoned Baked Tilapia Noodles Lemon Pepper Green Beans Baked Roll Pineapple Crumble Bars	Green Salad Turkey Roast <i>or</i> Pork Chop with Onions Cranberry Sage Dressing Brussels Sprouts Baked Roll Pear Cobbler	Chickpea Tomato Cucumber Salad Baked Spiral Ham <i>or</i> Braised Balsamic Chicken Scalloped Potatoes Buttered Squash Baked Roll Pecan Pie	Tropical Pineapple Salad Hawaiian Meatballs <i>or</i> Pan Fried Cod with Almond Butter Parsley Rice Honey Glazed Pea Pods and Carrots Baked Roll Citrus Cake	House Green Salad Chicken with Garlic and Herbs <i>or</i> Sweet Corned Beef Steamed Red Potatoes Sweet Grilled Corn Baked Roll Banana Cream Pudding
6	7	8	9	10	11	12
Vegetable Pasta Salad Glazed Pork Roast <i>or</i> Roast Beef au Jus Roasted Yams Peas and Onions Baked Roll Philly Cream Cheese Pie	Colorful Corn Salad Country Fried Steak with Gravy <i>or</i> Turkey Roast with Zesty Rub Herb Mashed Potatoes Mixed Vegetables Baked Roll Chocolate Buttermilk Cake	Green Salad Chicken with Mushroom Gravy <i>or</i> Bratwurst and Sauerkraut White and Wild Rice Pilaf Parmesan Green Beans Baked Roll Apple Cobbler	Hawaiian Fruit Salad Cod with Garlic Butter Sauce <i>or</i> Roasted Ham Roasted Smashed Potatoes Sautéed Spinach Baked Roll Coconut Custard Pie	Light Caesar Salad Petite Sirloin with Bechamel Sauce <i>or</i> Honey Glazed Roasted Turkey Baked Potato Seasoned Zucchini Baked Roll Cheesecake	Strawberry Feta Salad Chicken Diane <i>or</i> Baked Salmon with Creamy Avocado Sauce Seasoned Rice Capri Blend Baked Roll Pineapple Cake	Carrot Celery Cucumber Salad Baby Back Pork Ribs <i>or</i> BBQ Glazed Meatballs Sour Cream Potato Salad Greens Baked Roll Lime Chiffon Dessert
13	14	15	16	17	18	19
Picnic Salad Bowl Classic Meatloaf <i>or</i> Potato Chip Crusted Chicken Breast O'Brien Potatoes Garlic Green Beans Baked Roll Lemon Meringue Pie	Hawaiian Macaroni Salad Sweet Pineapple Chicken <i>or</i> New England Baked Haddock Confetti Rice Pilaf California Normandy Blend Baked Roll Rainbow Cake	Green Salad Bacon Cheddar Pork Chops <i>or</i> Turkey Pot Roast Fresh Cooked Yams Stewed Tomatoes Baked Roll Cherry Cobbler	Mixed Melons Hamburger Steak with Gravy <i>or</i> Baked Ham with Peach Sauce Baked Potato Sautéed Carrots Baked Roll Blueberry Cream Angel Dessert	Green Pepper Tomato Salad Southwest Chicken <i>or</i> Pork with Noodles Cheesy Rice Herbed Corn Baked Roll Homemade Peach Pie	Ambrosia Parmesan Tilapia Fillets <i>or</i> Cube Steak Parmesan Garlic Mashed Potatoes Fresh Asparagus Baked Roll Pina Colada Cake	Green Salad Classic Lasagna <i>or</i> Lemon Herb Turkey Roast with Gravy Seasoned Brown Rice Grilled Zucchini Garlic Bread Pound Cake
20	21	22	23	24	25	26
Broccoli Cauliflower Salad Honey Glazed Ham <i>or</i> Sesame Beef Roasted Yams Seasoned Cabbage Baked Roll Fresh Apple Pie	Cranberry Pear Tossed Salad Oven Fried Chicken <i>or</i> Shrimp Saute with Peppers and Onions Ranch Potato Wedges Mixed Vegetables Baked Roll White Almond Cake	Summer Sun Salad Meatballs with Burgundy Sauce <i>or</i> Herb Roasted Turkey with Gravy Parsley Egg Noodles Roasted Cauliflower Baked Roll Cream Puffs	Green Salad Pork Roast with Gravy <i>or</i> Vegetarian Quiche Brown Rice Harvard Beets Baked Roll Mixed Berry Crisp	Tomato Cucumber Salad Salisbury Steak and Gravy <i>or</i> Chicken with Citrus Sage Sauce Classic Mashed Potatoes Fresh Cooked Carrots Baked Roll Southern Style Bread Pudding	Sweet Slaw Grilled Sole with Aioli Sauce <i>or</i> City Chicken Dill New Potatoes Lemon Buttered Broccoli Baked Roll Fruit Tart	Carrot Raisin Salad Slow Roasted Turkey <i>or</i> Marinated Flank Steak Stuffing Roasted Root Vegetables Baked Roll Banana Sheet Cake
27	28	29	30	Oct 1	2	3
Five Fruit Salad Beef Pot Roast <i>or</i> Soy Glazed Salmon Boiled Potatoes Honey Roasted Carrots Baked Roll Chocolate Cream Pie	Greek Salad Bread Crumb Chicken <i>or</i> Veal Piccata with Wine Sauce Baked Macaroni Cheese Corn on the Cob Baked Roll Peach Crisp	Green Salad Sweet Pear Pork Chop <i>or</i> Pepper Smothered Cube Steak Sweet Potato Gratin Sautéed Spinach Baked Roll Homemade Carrot Cake	Fresh Fruit Salad Steak Picante <i>or</i> Smoked Roasted Turkey Twice Baked Potato Green Beans with Bacon Baked Roll Marble Cake			

We apologize if circumstance require a last minute change to our menu