



September 2020



Arbor Rose

30	31	Sep 1	2	3	4	5
		Beef Enchilada Spanish Rice Refried Beans Lemon Pepper Green Beans Baked Flan	House Salad Mix Lime Tarragon Turkey Cutlet Roasted Rosemary Potatoes Winter Blend Baked Roll Ice Cream	Spanish Chicken Red Beans and Rice Caribbean Blend Coconut Cake	Marinated Flank Steak Baked Potato Spinach Cucumber Salad Baked Roll Apple Pie	Chicken with Garlic and Herbs Mashed Yams Asparagus Baked Roll Dessert Choice
6	7	8	9	10	11	12
House Salad Mix New England Pot Roast Roasted Rosemary Potatoes Roasted Carrots Baked Roll Boston Cream Pie	Green Salad Country Fried Steak with Gravy Garlic Mashed Potatoes California Normandy Blend Baked Roll Classic Pineapple Upside Down Cake	Caesar Salad Pesto Chicken Roma Fettuccine Parmesan Green Beans Clements Tiramisu Cake	Brown Sugar Ham Smashed Sweet Potatoes Garden Blend Cornbread Apple Pie Ala Mode	Green Salad Turkey Cutlet with Lemon Thyme Sauce Cheesy Scalloped Potatoes Southwest Vegetable Medley Baked Roll Pumpkin Pie	Caesar Salad Italian Baked Chicken Parmesan Orzo Capri Blend Fresh Lemon Bars	BBQ Pork Ribs Macaroni Salad Corn on the Cob Watermelon
13	14	15	16	17	18	19
House Salad Mix Classic Meatloaf Mashed Potatoes and Gravy Green Beans with Fresh Tomatoes Baked Roll Cherry Cheesecake	Lime Cilantro Chicken Fiesta Rice Monte Carlo Blend Coconut Cake	Caesar Salad Smoked Roasted Turkey Roasted Potato Medley Scandinavian Veg Apple Cobbler	Hamburger Steak with Gravy Mashed Potatoes Capri Blend Baked Roll Red Velvet Cake	Green Salad Pork Roast and Kraut Fingerling Potatoes Herbed Corn Pear Crisp	Lemon Baked Sole Seasoned Brown Rice Asparagus Strawberry Shortcake	Caesar Salad Lasagna Buttered Zucchini Garlic Bread Dessert Choice
20	21	22	23	24	25	26
Black Bean Salsa Soup Carne Asada Spanish Rice Refried Beans Chef's Steamed Vegetable Baked Flan	Coleslaw Oven Fried Chicken Mashed Potatoes and Gravy Garden Blend Baked Roll Baked Apples and Ice Cream	Green Salad Homestyle Turkey and Gravy Cranberry Sage Dressing Green Bean Casserole Pumpkin Pudding	Coleslaw Pork Roast with Gravy Roasted Red Potatoes Zucchini Corn Saute Cornbread Black Bottom Cherry Pie	House Salad Mix Salisbury Steak and Gravy Garlic Mashed Potatoes California Normandy Blend Baked Roll Cheesecake	Grilled Fish with Aioli Sauce White and Wild Rice Pilaf Seasoned Broccoli Lemon Cake with Fresh Berries	Beef Burgundy Noodles Bacon Brussels Sprouts Baked Roll Banana Sheet Cake

	27	28	29	30	Oct 1	2	3
Caesar Salad		Apple Coleslaw	Green Salad	Beefy Baked			
Meatballs with		Fried Chicken	Roast Pork with	Ravioli			
Pasta Sauce		with Onions	Apples	Garlic Green			
Garlic Pasta		Garlic Herb	Creamy AuGratin	Beans			
California		Mashed Potatoes	Potatoes	Crusty Cheese			
Normandy Blend		Seasoned Broccoli	Scandinavian Veg	Bread			
Chocolate Cream		Baked Roll	Carrot Cake	Orange Cake			
Pie		Fresh Peach					
		Cobbler					

We apologize if circumstance require a last minute change to our menu