



September 2024 - Lunch



Arbor Rose

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Chicken Fajita All Beef Hot Dog Spanish Rice Potato Chips Herbed Corn Peaches	16 Garden Green Salad Spaghetti and Meat Sauce <i>or</i> BBQ Chicken Pizza Crusty Garlic Bread Chef's Sautéed Vegetable Assorted Cookies	17 Breaded Shrimp with Cocktail Sauce Green Chili Smothered Burrito French Fries Coleslaw Peach Cobbler	18 Pork Marsala Texas BBQ Chicken Salad Baked Potato Sicilian Blend Vegetables Banana Cream Pudding	19 Sloppy Joes Fried Chicken Roasted Red Potatoes Corn Yellow Cake with Fruit Topping	20 Smothered Chicken Breasts Catch of the Day Classic Mashed Potatoes Farm Fresh Vegetables Lemon Meringue Pie	21 BBQ Pulled Pork on a Bun Chef Salad Baked Beans Coleslaw Chef's Dessert
22 Glazed Ham Steak Grilled Cheese Sandwich Baked Yams Chef's Steamed Vegetable Baked Roll Tropical Mixed Fruit	23 Herb Roasted Chicken <i>or</i> Parmesan Herb Crusted Tilapia Delicious Rice California Blend Baked Roll Chef's Dessert	24 Beef Tacos Chicken Enchiladas Refried Beans Mexican Corn Beignets	25 Green Salad Country Fried Steak with Gravy Fruit Salad Plate Mashed Potatoes Potato Chips Baby Carrots Baked Roll Assorted Desserts	26 Garden Green Salad BBQ Pork Ribs Shrimp with Cocktail Sauce Baked Beans Chef's Steamed Vegetable Chocolate Ice Cream Cup	27 Marinated Chicken Tuna Melt Garlic Roasted Potatoes Chef's Sautéed Vegetable Classic Pineapple Upside Down Cake	28 Turkey Meatloaf Catch of the Day Baked Potato Green Bean Carrot Blend Banana Bread Pudding
29 Baked Ham Chef Salad Mashed Potatoes Glazed Carrots Baked Roll Cheesecake	30 Teriyaki Chicken <i>or</i> Bacon Guacamole Cheeseburger Brown Rice Carrot Green Bean Blend Baked Roll Banana Cream Pie	Oct 1 Green Chili Smothered Burrito Chicken Fajita Spanish Rice Corn Pineapple Upside Down Cake	2 Hawaiian Meatballs Fruit Salad Plate Savory Rice Italian Blend Assorted Desserts	3 Braised Chuck Roast with Brown Gravy Sesame Chicken with Lo Mein Garlic Roasted Potatoes Peas and Carrots Baked Roll Orange Juicy Jello	4 Parmesan Crusted Pork Chops Monte Cristo Sandwich Mashed Potatoes <i>and</i> French Fries Green Beans Apple Pie	5 Green Salad Rosemary Roasted Turkey Baked Ham Mashed Potatoes California Blend Baked Roll Orange Juicy Jello
6 Chili Dog Lemon Garlic Fish French Fries Corn Baked Roll Peaches	7 Seasoned BBQ Pork Ribs <i>or</i> Chef Salad Macaroni and Cheese Asparagus Cornbread Cheesecake	8 Chicken Tacos Beef and Broccoli Yellow Rice <i>and</i> Refried Beans Seasoned Broccoli Spring Egg Roll Lemon Lush Pudding	9 Cheeseburger Smothered Pork Chops O'Brien Potatoes Mashed Potatoes and Gravy Coleslaw Baked Roll Chocolate Cake	10 Roasted Rosemary Pork Tenderloin Crispy BBQ Chicken Salad Mashed Potatoes Steamed Broccoli Baked Roll Peach Pie	11 Garden Green Salad Parmesan Herb Crusted Tilapia Chicken Cordon Bleu Baked Potato Green Beans with Bacon Ice Cream Bar	12 Meatloaf and Gravy Fruit Salad Plate Baked Potato California Normandy Blend Baked Roll Vanilla Pudding

13	14	15	16	17	18	19
Cucumber Onion Salad Rosemary Lemon Chicken Pecan Crusted Beef Tenderloin Garlic Pasta Green Beans Italian Baked Roll Vanilla Cream Pie	Apple Spinach Salad Mushroom Stuffed Pork Loin <i>or</i> Quiche Florentine Candied Yams Smashed Parmesan Brussels Baked Roll Blueberry Coffee Cake	Green Salad Steak with Balsamic Cranberry Sauce Grilled Haddock with Aioli Sauce Herb Mashed Potatoes Chef's Steamed Vegetable Baked Roll Maple Bread Pudding	Cranberry Broccoli Salad Homestyle Turkey and Gravy Peachy Pork Chop Sage Stuffing Buttered Squash Apple Cobbler	Corn and Butter Bean Salad Cranberry Glazed Ham Parmesan Crusted Chicken Creamy AuGratin Potatoes Roasted Carrots Baked Roll Spiced Pear Cake	Green Salad Meatballs with Marinara Sauce Baked Salmon with Basil Cream Sauce Angel Hair Pasta Roasted Broccoli with Garlic and Lemon Baked Roll Peanut Butter Brownie	Crunchy Vegetable Salad Chicken with Garlic Walnut Cream Sauce Corned Beef Brisket Smashed Red Potatoes Capri Blend Baked Roll Easy Berry Trifle

We apologize if circumstance require a last minute change to our menu