



The Meadows

27	28	29	30	Oct 1	2	3
				Vegetable Barley Soup <i>or</i> Bacon Pea Salad Rosemary Lemon Pork Chop Chicken Creole Creamy Cheese Grits Grilled Asparagus Raisin Bar	Classic Chicken Noodle Soup <i>or</i> Greek Salad Seafood Newburg <i>or</i> Shoyu Chicken Rice Pilaf Chef's Steamed Vegetable Classic Pineapple Upside Down Cake	New England Clam Chowder <i>or</i> Cottage Cheese and Fruit Beef Burgundy Baked Cod Fillet Steamed Red Potatoes Parsley Carrots Apple Pie
4	5	6	7	8	9	10
Chickpea Tomato Cucumber Salad <i>or</i> Soup Du Jour Sweet and Sour Chicken Steak Teriyaki with Grilled Pineapple Savory Rice Stir-Fry Vegetables Mint Chocolate Chip Ice Cream	Beet Salad <i>or</i> Chicken Rice Soup Garlic Herb Pork Roast Spaghetti Bolognese Baked Yams Steamed Broccoli Assorted Desserts	Black Bean Corn Salad <i>or</i> Split Pea Sausage Soup Beef Taco <i>or</i> Lemon Garlic Fish Spanish Rice Lemon Pepper Green Beans Cheesecake	Quinoa Chickpea Salad <i>or</i> Lentil Soup Turkey Roast Pork Chop Dijon Fresh Mashed Potatoes and Gravy Cauliflower White Poke Cake	Potato Leek Soup <i>or</i> Mixed Green Salad Garlic Chicken Glazed Ham Creamed Potatoes Peas and Pearl Onions Buttered Squash Strawberry Shortcake	Basil Tomato Soup <i>or</i> Greek Salad Roasted Shrimp and Vegetables <i>or</i> Corned Beef and Cabbage Boiled Red Potatoes Honey Glazed Pea Pods and Carrots Assorted Desserts	New England Clam Chowder <i>or</i> Beet and Goat Cheese Green Salad Chicken Fettuccine Alfredo Baked Salmon with Creamy Avocado Sauce Rice Pilaf Seasoned Cabbage Apple Pineapple Crisp
11	12	13	14	15	16	17
Green Salad <i>or</i> Minestrone Soup Beef and Snap Pea Stir-Fry Asian Pork Pancit Bihon Baked Seasoned Squash Baked Roll Berry Jello	Broccoli Cheese Soup <i>or</i> Green Salad Meatloaf Chicken Piccata Fresh Mashed Potatoes Oven Roasted Cauliflower Tapioca Pudding	Spinach Caprese Salad <i>or</i> Chicken Noodle Soup Chicken with Dijon Sauce <i>or</i> Penne Pasta in Sausage Marinara Sauce Penne Pasta Mixed Vegetables Citrus Cake	Homestyle Vegetable Soup <i>or</i> Cranberry Spinach Salad Lemon Baked Cod Beef Pot Roast Mashed Yams Herb Roasted Vegetables Angel Food Cake	Potato Leek Soup <i>or</i> Green Salad Spiced Turkey with Squash and Apples Chicken Cacciatore Parmesan Mashed Potatoes Peas and Carrots Peach Pie	Soup Du Jour <i>or</i> Mixed Green Salad Baked Lemon Pepper Salmon <i>or</i> Carne Asada Tacos Southwest Rice Capri Blend Pineapple Upside Down Cake	Black Bean Soup <i>or</i> Coleslaw St. Louis BBQ Pork Ribs Baked Chicken Drumsticks Fresh Mashed Potatoes Herbed Corn Assorted Desserts
18	19	20	21	22	23	24
Butternut Squash Soup <i>or</i> Green Salad Glazed Meatloaf Cajun Shrimp Pasta Onion Roasted Potatoes Fresh Cooked Carrots Chocolate Cake	Corn Chowder <i>or</i> Green Salad Caprese Chicken Parmesan Crusted Cod Lemon Chive Rice Green Bean Cauliflower Blend Baked Roll White Poke Cake	Green Salad <i>or</i> Chicken Noodle Soup Italian Turkey Meatballs with Sauce <i>or</i> Hungarian Goulash Garlic Pasta Mixed Vegetables Baked Roll Apple Crisp	Cottage Cheese and Fruit <i>or</i> Soup Du Jour Ham Steaks Cube Swiss Steak Fresh Mashed Potatoes Capri Blend Peach Pie	Homestyle Vegetable Soup <i>or</i> Greek Salad Sesame Ginger Chicken Citrus and Garlic Pulled Pork Aloha Sweet Potatoes Mixed Vegetables Fresh Banana Cream Pie	Potato Leek Soup <i>or</i> Green Salad Cajun Seasoned Fish <i>or</i> Beef Taco Fiesta Rice Mixed Vegetables Cheesecake	New England Clam Chowder <i>or</i> Green Salad Lasagna Spaghetti Bolognese Seasoned Zucchini Garlic Bread Citrus Cake

25	26	27	28	29	30	31
Chicken Vegetable Soup <i>or</i> Green Salad Ale House Beef Hot Turkey Sandwich with Gravy Roasted Yams Roasted Cauliflower and Peppers Strawberry Ice Cream	Cream of Vegetable Soup <i>or</i> Green Salad Chicken Cordon Bleu Open Face Grilled Marinated Shrimp Creamy Corn Pudding Lemon Buttered Broccoli Chocolate Cake	Soup Du Jour <i>or</i> Green Salad Swedish Meatballs <i>or</i> Garlic Broiled Chicken Leg Classic Mashed Potatoes Green Beans Chocolate Chip Cake	Broccoli Cheese Soup <i>or</i> Green Salad Coq Au Vin Quiche Florentine Parmesan Roasted Potatoes Glazed Butternut Squash Baked Roll Lemon Meringue Pie	Kielbasa and Bean Soup <i>or</i> Green Salad Braised Beef Brisket BBQ Pulled Pork on a Bun Favorite Baked Beans Capri Blend Blonde Brownies	Creamy Tomato Basil Soup <i>or</i> Green Salad Cod Fillet with Lemon Sauce <i>or</i> Hungarian Goulash White and Wild Rice Pilaf Chef's Steamed Vegetable Strawberry Shortcake	New England Clam Chowder <i>or</i> Green Salad Pepper Steak with Gravy White Wine and Mushroom Chicken Fresh Mashed Potatoes Brussels Sprouts with Lemon Sauce Glazed Lemon Pound Cake

We apologize if circumstance require a last minute change to our menu