

September 2024 - Lunch

The Meadows Senior Living



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
15 Soup Du Jour Classic Lasagna Broccoli and Cheddar Quiche Sweet Yams Butternut Squash Garlic Bread Jello & Whip Cup	16 Soup Du Jour Turkey Club Sandwich <i>or</i> Grilled Cheese Sandwich Braised Carrots and Celery Chocolate Chip Brownie	17 Soup Du Jour Shrimp Taco <i>or</i> Beef Taco Spanish Rice Baked Beans Peach Pudding Cup	18 Soup Du Jour Liver and Onions <i>or</i> Baked Salmon Classic Mashed Potatoes Peas Baked Roll Ambrosia	19 Soup Du Jour Honey Mustard Chicken Salad <i>or</i> Coconut Shrimp Fried Rice Buttery Carrots Fruit Yogurt Parfait	20 Soup Du Jour Smothered Pork Chops <i>or</i> Baked Fish with Basil Cream Sauce Rice Roasted Parmesan Brussels Sprouts Pecan Pie	21 Soup Du Jour Meatball Sub <i>or</i> Herb Roasted Turkey AuGratin Potatoes Mixed Vegetables Spiced Pear Cake
22 Potato Leek Soup <i>or</i> Green Salad Pan Seared Turkey Braised Beef Baked Potato Seasoned Broccoli Baked Parmesan Roll Fruited Jello Salad	23 Egg Drop Soup Garden Green Salad Sweet and Sour Chicken <i>or</i> Beef and Snap Pea Stir-Fry Fried Rice Fresh Vegetable Stir Fry Fortune Cookie	24 Peach Fruit Cup Baked Potato Soup Bourbon Chicken <i>or</i> Meatloaf Fresh Mashed Potatoes and Gravy Buttered Zucchini Banana Cake	25 Chicken Noodle Soup Green Salad Smoked Roasted Turkey <i>or</i> Beef Tips in Gravy Garlic Mashed Potatoes Carrot Green Bean Blend Sherbet	26 Mixed Green Salad Lemon Pepper Chicken <i>or</i> Herb Crusted Pork Roast Fresh Mashed Potatoes and Gravy Honey Glazed Carrots Baked Roll Fruit Marshmallow Dessert	27 Garden Vegetable Soup Green Salad Chicken Sausage Gumbo <i>or</i> Cajun Shrimp Mac and Cheese Chef's Sauteed Vegetable Fresh Cornbread Assorted Cookies	28 Chicken and Corn Soup Mediterranean Beef Medallions <i>or</i> Greek Grilled Chicken Spring Vegetable Orzo with Ricotta Italian Seasoned Green Beans Garlic Bread Spiced Pear Cake
29 Soup Du Jour <i>or</i> Green Salad Seasoned Baked Chicken Salisbury Steak with Brown Sauce Mashed Potatoes and Gravy Mixed Vegetables Chocolate Mousse	30 Garden Vegetable Soup Garden Green Salad Ravioli with Herb Cream Sauce <i>or</i> Italian Turkey Meatballs with Sauce Chef's Sauteed Vegetable Breadsticks Pineapple Blueberry Crumble	Oct 1 Chicken Wild Rice Soup Green Salad Mexican Lasagna <i>or</i> Chicken Enchilada and Beans Mixed Vegetables Canary Lemon Sponge Cake	2 Soup Du Jour Garden Green Salad Big Island Pork Chops <i>or</i> Hawaiian Beach Shrimp Hawaiian Macaroni Salad Steamed Broccoli Key Lime Pudding Parfait	3 Cream of Mushroom Soup Baked Tilapia Fillet <i>or</i> Chicken A La Rose Fresh Mashed Potatoes Mixed Vegetables Assorted Cookies	4 Rhode Island Clam Chowder Green Salad Seafood Carbonara <i>or</i> Grilled Chicken Caesar Sandwich Garlic Knots Steamed Broccoli Homemade Strawberry Shortcake Biscuits	5 Lentil and Vegetable Soup Green Salad Oven Roasted Chicken Breast <i>or</i> Spinach and Feta Stuffed Pork Fried Potatoes and Onions Roasted Cauliflower Peach Crisp
6 Soup Du Jour Grilled Turkey Club Sandwich BBQ Pork Rib Patty Baked Sweet Potato Roasted Zucchini Chocolate Chip Cake	7 Mandarin Citrus Slaw Thai Chicken Thigh <i>or</i> Breaded Veal Patty Cheesy Broccoli Brown Rice Baked Seasoned Squash Baked Roll Pear Crisp	8 Picnic Salad Bowl Smothered Pork Chops <i>or</i> Cube Steak Oriental Roasted Potato Medley Green Beans Fresh Biscuit Pineapple Upside Down Cake	9 Soup Du Jour Beef and Broccoli <i>or</i> Asian Orange Chicken Fried Rice Stir-Fry Vegetables Baked Roll Bananas Foster	10 Soup Du Jour Texas BBQ Chicken Salad <i>or</i> Ham Wrap Apple Broccoli Salad Fresh Berry Cake	11 Soup Du Jour Honey Grilled Shrimp <i>or</i> Sweet and Sour Meatballs Basmati Rice Seasoned Broccoli Mandarin Orange Cake	12 Soup Du Jour Pork Sliders <i>or</i> Fried Chicken Sandwich Mashed Yams Green Beans Apple Pie

13	14	15	16	17	18	19
Soup Du Jour Grilled Turkey Club Sandwich Grilled Cheese Sandwich French Fries Sauteed Spinach Assorted Cookies	Soup Du Jour Baked Ham with Mustard Sauce <i>or</i> Coconut Curry Chicken Rice Creole Okra Chocolate Cake	Soup Du Jour Fish Taco <i>or</i> Beef Taco Spanish Rice Corn Churro	Soup Du Jour BLT Avocado Wrap <i>or</i> Italian Sub Sandwich Classic Macaroni Salad Bacon Brussels Sprouts Coconut Cream Pie	Soup Du Jour Asian Chicken <i>or</i> Butter Poached Shrimp Fried Rice Chef's Sauteed Vegetable Cherry Pie	Creamy Coleslaw Roasted Turkey <i>or</i> Baked Salmon Rice Pilaf Sauteed Mushrooms Coffee Cake	Soup Du Jour Hawaiian Chicken Kabobs <i>or</i> Hawaiian Pork Bowl with Pineapple Salsa Hawaiian Style Rice Mexicali Corn Coconut Chocolate Almond Ice Cream

We apologize if circumstance require a last minute change to our menu