



The Willows Retirement and Assisted Living

27	28	29	30	Oct 1	2	3
				Ham and Northern Bean Soup BBQ Italian Chicken Rice Pilaf Sauteed Zucchini Baked Roll Fruit Cobbler	Green Salad Crunchy Baked Fish Potato Wedges Chef's Steamed Vegetable Baked Roll Honey Bun Cake	Green Salad Swiss Bacon Meatloaf Herb Mashed Potatoes California Normandy Blend Baked Roll Cherry Bars
4	5	6	7	8	9	10
Green Salad Parmesan Chicken Breast Lemon Chive Rice Roasted Summer Squash Baked Roll Strawberry Pie	Green Salad Garlic Herb Pork Roast Mashed Potatoes Steamed Broccoli Baked Roll Apple Walnut Cake	Ham and Northern Bean Soup Glazed Hamburger Steak Mashed Potatoes Green Beans with Bacon Extreme Chocolate Cake	Soup Du Jour Turkey Roast Cranberry Sage Dressing Brussels Sprouts Baked Roll Ice Cream	Green Salad Ham and Gravy Mashed Potatoes Baby Carrots Baked Roll Soft Brown Sugar Cookie	Manhattan Clam Chowder BBQ Glazed Meatballs Parsley Rice Honey Glazed Pea Pods with Carrots Baked Roll Citrus Cake	Basil Tomato Soup Chicken Fettuccine Roasted Asparagus Baked Roll Banana Cream Pudding
11	12	13	14	15	16	17
Green Salad Pork Chops with Cream Mushroom Sauce Scalloped Potatoes Buttered Squash Baked Roll Pumpkin Pecan Cobbler	Green Salad Meatloaf Baked Yams Parmesan Green Beans Baked Roll Chocolate Love Cake	Green Salad Chicken Kabobs Penne Pasta Brussels Sprouts Baked Roll Apple Crumble	Green Salad Pan Seared Tilapia Fried Brown Rice Herb Roasted Vegetables Baked Roll Lemon Meringue Pie	Green Salad Sour Cream Beef Patty Parmesan Mashed Potatoes Peas and Carrots Baked Roll Chocolate Eclair Dessert	Green Salad Chicken Almondine Rice Pilaf Seasoned Broccoli Baked Roll Pineapple Upside Down Cake	Green Salad St. Louis BBQ Pork Ribs Baked Beans Herbed Corn Baked Roll Drizzled Chocolate Chip Cookies
18	19	20	21	22	23	24
Green Salad Pot Roast of Beef Onion Roasted Potatoes Baby Carrots Baked Roll Pumpkin Pie	Green Salad Buttermilk Baked Chicken Roasted Yukon Potatoes Fresh Asparagus Baked Roll White Poke Cake	Green Salad Baked Pork Chops Smashed Sweet Potatoes Beets with Orange Sauce Baked Roll Pear Cobbler	Green Salad Chicken Fried Steak and Gravy Capri Blend Baked Roll Fruit	Turkey Noodle Soup Grilled Chicken Vegetable Lo Mein Ratatouille Baked Roll Banana Cream Pie	Green Salad Cajun Seasoned Fish Potato Wedges Southern Turnip Greens Baked Roll Soft Oatmeal Cookies	Green Salad Lasagna Seasoned Zucchini Garlic Bread Autumn Spice Cake
25	26	27	28	29	30	31
Green Salad Citrus Glazed Ham Roasted Yams Seasoned Cauliflower Baked Roll Peach Crumble Pie	Green Salad Italian Crusted Chicken Roma Fettuccine Sauteed Yellow Squash Baked Roll Banana and Lime Cake	Green Salad Swedish Meatballs Classic Mashed Potatoes Green Beans Baked Roll Chocolate Chip Cake	Herb Pork with Gravy Sweet Yams Greens Baked Roll Apple Crisp	Green Salad Hamburger Steak and Onions Baked Potato Garlic Carrots Baked Roll Pumpkin Pudding	Green Salad Sour Cream Cheddar Baked Fish White and Wild Rice Pilaf Chef's Steamed Vegetable Baked Roll Caramel Cookie Cream Dish	Green Salad Cranberry Glazed Turkey Roast Cornbread Dressing Brussels Sprouts with Lemon Sauce Baked Roll Berry Buckle Cake

We apologize if circumstance require a last minute change to our menu